



1st CMAS World Master's Finswimming Championships

RAVENNA – ITALY

Saturday 27 and Sunday 28 of April 2019



SPECIFIC RULES

1 –DENOMINATION:

F.I.P.S.A.S. of Ravenna and A.S.D. Sportinacqua with the agreement of C.M.A.S. and F.I.P.S.A.S. has the pleasure to invite you at 1st CMAS World Master's Finswimming Championships, will be held in Ravenna the 27 and 28 of April 2019.

This competition will be held under CMAS Finswimming Rules (V2107/01), the 2019 CMAS Rules World Master Championships (V2019/01) and the present specific rules.

2 –COMPETITION PLACE:

The Competition will be held in:

1 - Olympic swimming pool of Ravenna, Via Falconieri 31 - Number 8 lanes, 50 meters long a constant depth 2,10 m.

Swimming Pool program			
Saturday 27 April 2019 morning	- 8,30 / 9,20 Warm Up - 9,30 Opening Ceremony	Saturday 27 April 2019 afternoon	- 14,40 / 15,20 Warm U
	- 9,40 Competition 100 SF W&M 200 BF W&M 400 SF W&M 50 BF W&M Relay 4x100 SF W&M Relay 4x50 BF W&M		- 15,30 Competition: 50 SF W&M 200SF W&M 100 BF W&M 50 AP W&M Relay 4x100 multiple (2 monofin M-W / 2 bifins M-W)

2 – Le Ghiarine Lake, Via Romea sud, n° 564 – 48124 - Mirabilandia Savio (RA)

Open Water program			
Sundau 28 April 2019 morning	- 9,00 / 9,55 Check Point & Warm Up - 10,00 Competition	Sunday 28 April 2019 afternoon	DEPARTURE
	3 KM SF W&M 3 KM BF W&M Relay 4x1 KM MIXED		

3 – ENROLEMENTS:

1. Registration

All registration of athletes for events must be submitted only through electronic way. Application forms can be used only for accommodation and general organisation.

For registration, the website is <http://sport.cmasoffice.org>. Opening date of registration Thursday 7th March until Sunday April 21st

During registration, the system matches automatically with the CMAS licences database if it exists and is valid.

Recall of the procedures and obligations point 1.15.7. Request for licences will be done according to previous procedures and within 10 days at least before the corresponding competition. Thus, all clubs and participants must take this delay in account for registration and this delay of 10 days is meant to be delay after payment and not after order.

2. Fees of registration

There are two types of fees, CMAS fees to be paid only online at the end of process of registration and organizing fees to be paid directly to organising committee according to the instructions communicated by organising committee in the present rules.

CMAS Fees

The fees will be paid at the end of the registration process online and only by credit card. Before finalizing the registration, you must make sure that your bank authorizes online payments with your card.

Please, note that the names of relay members must be entered during of the registration process as individual registrations even if the athletes swim only in the relays. Note that, according the rules, the composition of the relays can be changed on the spot before the beginning of the competition.

Each competitor must pay to participate CMAS fees (fixed annually by CMAS):

- **CMAS sport licence holder** (for memory, the price of licence 10 €. Order only through your national Federation as usualy).
 - 10 € for participation fees
- - **Not CMAS sport licence holder**
 - 15 € for Temporary licence.
 - +
 - 10 € for participation fees

ORGANISATION ENGAGEMENT FEES

Euro 15,00 for club or individual, euro 7,00 each distance and euro 14,00 each relay. Fee paid for not-performed races won't be reimbursed. Also, relays must be declared with time in the registration CMAS website.

Payment of engagement fees should be made by bank transfer

- IBAN CODE:
 - ASSOCIAZIONE SPORTIVA DILETTANTISTICA BLUE TEAM NUOTO PINNATO
- Codice iban: IT 19 R 02008 22004 000103547072
- (For tax of engagements CMAS world master's championships team)
- BIC SWIFT: UNCRITM1479 – UNICREDIT BANCA

PAYMENT IN CASH MAYBE ACCEPTED WITH A FINE OF 50 EURO BY SWIMMER.

For all information send to cednp@tiscali.it - cednuotopinnato@fipsas.it

4 - REGISTERED TIME:

Timekeepers with Electronic System from Federazione Italiana Cronometristi (F.I.Cr.).

5 – INDIVIDUAL PRIZES:

- Gold, silver and bronze medals for each distance, for each master's age group, men and women,
- Gold, silver and bronze medals for each relay, for each master's age group, men and women,

6 –DOPING CONTROL:

Doping Control follows the international rules of WADA, CMAS antidoping code.

7 –RESPONSIBILITY:

A.S.D. Sportinacqua, C.M.A.S., F.I.P.S.A.S., the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things, before, during or after the competition.

8 –SPECIAL NOTES:

This program could be modified for organization cause. Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start. **Swim cap is mandatory.**
Any other rule concerning the competition could be found on the C.M.A.S. Finswimming Rules.

9 –VISA:

IF YOU NEED VISA FOR ENTER IN ITALY, PLEASE MAKE CONTACT WITH ITALIAN FEDERATION (F.I.P.S.A.S.) MINIMUM 45 DAYS BEFORE THE EVENT.

10 –HOTEL INFORMATION:

Logistics Manager Mr. Franco Gardini tel. 0039/348/3665906 – 0039/0544/421551

Email: alchimiaristorantepizzeria@gmail.com

Reservation until 15 days from event.

APARTMENT WITH 2/4 PLACE IN 3 ROOMS AND ONE WC BREAKFAST ENCLOSED 90 EURO/APARTMENT (included tax, towel, ecc)

- Bed and breakfast € 22 per person in multiple rooms, 27 € in single;

3 stars hotel:

- Bed and breakfast € 35 per person in multiple rooms, 40 single euro;

- EUR 12 for meal (typical menu, or pizza menu, or vegan, bio and celiacs menu)

N.B. All prices inclusive of taxes

AT LAKE:

Menu with Italian speciality at The Lake Ghiarine EURO 20 (Cappeletti al ragu ', mixed grill, potatoes, dessert) – reservation until Wednesday at segreteria@fipsasaravenna.com or 345.9392186

Accommodation / camping at the Federal Center Ghiarine - 8 € for person or 12 € in roulotte 2/4 place – info at segreteria@fipsasaravenna.com or 345.9392186

Ravenna Tourist Information



The headquarters of the Municipality of Ravenna is in the central Piazza del Popolo.

City of Emilia- Romagna have 158 739 people.

Located east of northern Italy is bordered to the south by the provinces of Forlì and Cesena , in the north with those of Bologna and Ferrara.

Ravenna is just 10 kilometers from the sea .

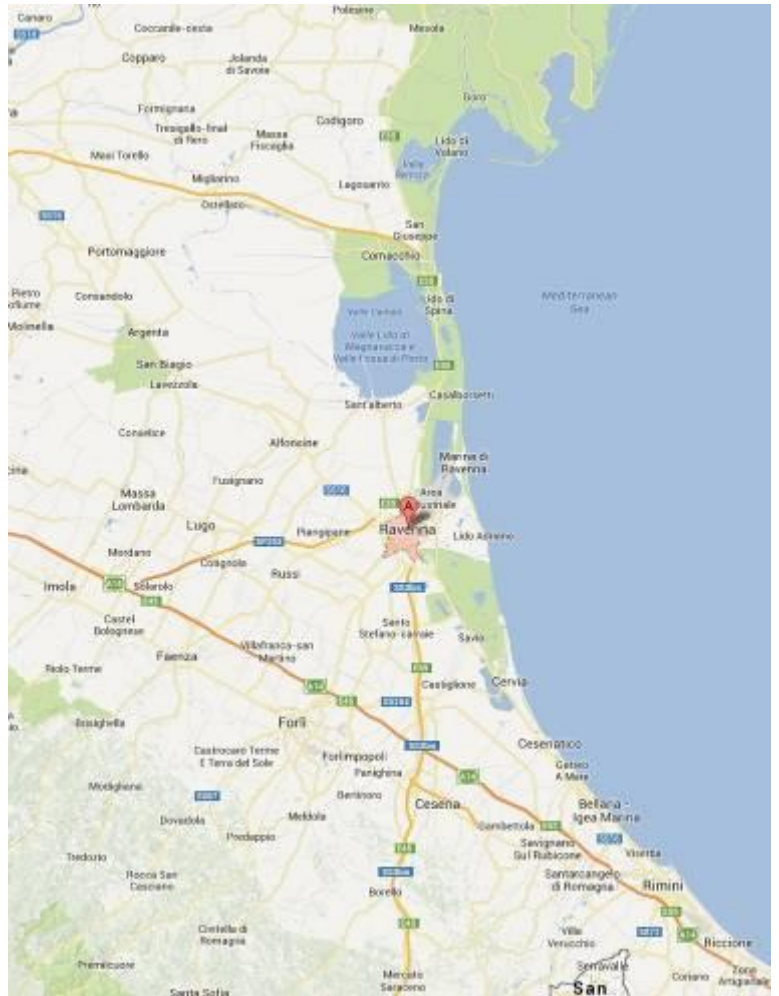
Rich in history, monuments and works of art , Ravenna is the capital of the mosaic.

Also famous for its commercial port , for its International Tourist Port " Marinara" Marina di Ravenna and the spa of Punta Marina Terme.

Its predominant vocation hospitable city allows it to offer to those wishing to stay a good hotel accommodation , a spacious well-equipped service campgrounds and other alternative structures such as hostels, farms, etc. .

Eight of its oldest monuments are UNESCO World Heritage under the auspices of UNESCO. Ravenna is a city rich in cultural events and international prestige , such as the Ravenna Festival , Mosaic Night, Bella Sera Ravenna , Ravenna Jazz, Sound Mosaics are just some of the major events . Attractive and welcoming its historical center with numerous shops and windows of merchants and artisans who exhibit a wide range of merchandise . Its pine forests and its Natural Areas - a priceless heritage of rich flora and fauna - are an integral part of the Regional Park of the Po Delta

The flatbread, Cappelletti lean to the Romagna , the donut , Sangiovese and Albana are some of the delicacies of the culinary art of Ravenna. Ravenna is the city of Riccardo Muti , samples of sport Sefi Idem, Marco Melandri, Valentina Belloni, Francesco and Matteo Ivaldi , Marcello Miani etc. . and has assigned an " honorary citizenship " to the likes of Michelangelo Antonioni and Dario Fo.



The capital of Romagna offers several opportunities : fun , with the Park Wonderland ; leisure , with the broad program of activities and exhibitions of tourism, with many excursions ranging from the cultural - tourist nature to those (we recommend a visit the pine forests of S. Vitale and Classe, Oasis Alberete and the largest city park in the "Park Theodoric .")

The more links you sent are those roads and motorways. From the North , Ravenna is reached by the A14 motorway from Bologna at the confluence of the A1 del Sole motorway , the A21 Turin -

Piacenza motorway and the A22 Brenner motorway. Coming from Venice, the director remains the fastest road SS 309 "Romea" , which are grafted on the streets from Padua and Ferrara.

From the South , in addition to the A1 and A14 , are to report the E45 , which connects through the mountains Ravenna to Rome and the Adriatic highway 16 .

The airports of Bologna (Guglielmo Marconi) , Forli (G. Ridolfi) , Rimini (Miramare) and Venice (Marco Polo) , are connected with the most important Italian and European cities by scheduled and charter flights.

From Bologna Ravenna can be reached by car or train journey times between one and two hours drive from Venice about two hours, from Forli and Rimini in less than an hour.

SEE YOU IN RAVENNA!